

## WHAT IS PATH OF HOPE, INC?

**Path of Hope, Inc.** is a private, non-profit corporation 501(c)3, chartered by the State of North Carolina as a tax deductible charity. We are governed by a Board of Directors. The members of the Board of Directors are interested in and willing to work at combating the disease of addiction.

## HOW DO WE HELP?

**Path of Hope, Inc.** can best be described as a safe, secure environment in which males and females who are suffering from alcohol and drug addictions can begin their recovery process. Addiction is a three-fold illness and unless all three areas are treated, a person's life can not become manageable. The three areas are: **PHYSICAL, MENTAL, & SPIRITUAL.**

## WHAT KIND OF TREATMENT DO WE OFFER?

The treatment at this facility is evidenced-based and includes but is not limited to: Motivational Enhancement Therapy, Twelve Step Facilitation, and components of the Matrix Model. Incorporating an evidenced-based clinical program with participation in Alcoholics Anonymous/Narcotics Anonymous; a person learns self-esteem, honesty, hope, and responsibility for one's own actions; as well as develops spiritual growth by developing a relationship with a Power greater than themselves.

## "Learning Sobriety"

### **Path of Hope, Inc.**

Path of Hope is licensed by the North Carolina Department of Health and Human Resources as a Substance Abuse Residential Treatment Facility.



## P A T H O F H O P E , I N C

Our facilities are located at:  
1675 East Center Street Ext.

Lexington, NC 27292

MAILING ADDRESS

P.O. Box 1824

Lexington, NC 27293-1824

Phone: 336-248-8914

Fax: 336-248-2138

E-mail: [pathofhope@apathofhope.org](mailto:pathofhope@apathofhope.org)

Visit us online: [www.apathofhope.org](http://www.apathofhope.org)

*Dreams Come True*

*at*



### **Our Mission Is...**

To meet the needs of all people suffering from the disease of alcoholism and drug addiction by providing a safe, secure environment focused on recovery.

**PHYSICAL,  
MENTAL,  
& SPIRITUAL**

**P A T H O F H O P E , I N C**

## WHO IS ELIGIBLE?

Anyone who has a desire to do something about the problems of alcoholism or other drug addiction in his/her life is eligible to enter this facility. Eligibility is regardless of sex, race, creed, color, national origin, or financial condition. The person must be alcohol or drug free and agree to a 28 day or longer treatment program. They must agree to abide by the rules and regulations of the facility when interviewed by our staff or another Substance Abuse Professional. Clients being admitted to Path of Hope, Inc. are medically cleared prior to entering treatment by the referring agency. Any psychiatric/psychological testing care is provided by the referring contact agency. IV Substance Abusers and Pregnant Women are given priority.

## HOW IS TREATMENT FUNDED?

Path of Hope, Inc. is funded by contract with PBH and Sandhills LME's, Criminal Justice Partnership Programs, and self pay.

We have received generous donations from:

- The City of Lexington
- Local Civic Clubs
- The City of Thomasville
- Foundations
- United Way of Davidson County
- Churches
- Individuals

\*\*All donations to our facility are tax deductible as allowed by the IRS. Path of Hope is classified as a 501c3.

## HOW IS TREATMENT PROVIDED?

### INPATIENT/RESIDENTIAL TREATMENT

There is a short inspirational reading before breakfast. After breakfast, each person does chores assigned to him/her. All clients then attend classes/groups which are held four times daily. Therapy includes educational lectures, group therapy, gender groups, recreation, and individual counseling sessions. Each client has daily homework from information presented in the group sessions. Everyone attends two in-house AA/NA meetings and four outside AA/NA meetings weekly. Family Education sessions are offered during visitation on Sundays. Family therapy sessions are offered to each client upon request.

### ADDITIONAL INFORMATION

Path of Hope, Inc. was founded in 1976 as a Halfway House for male alcoholics, operated as such until 1981, then was licensed as a Chemical Dependency Treatment Center. In 1983, a facility for the treatment of female alcoholics was opened. After years of operating in a rented facility, Path of Hope purchased the property that currently houses the entire facility, In 2009, Path of Hope opened a halfway house for females who needed longer term care. Today, Path of Hope, Inc. represents a "DREAM COME TRUE" for its' founders and a PATH OF HOPE for all people suffering from the disease of alcoholism and other drug addiction.

## STAFF

The clinical staff must be Licensed, Certified, or registered with the North Carolina Substance Abuse Professional Practice Board. Many of the staff are in recovery from addictions. All staff members are very dedicated to helping others recover from the disease of addiction.

## VOLUNTEERS

Path of Hope encourages volunteers to be active in all aspects of treatment. Many volunteers are in a program of recovery themselves and are a valuable asset to our clients. The use of volunteers is vitally important to help clients process their 12 Step work assigned to them during the course of treatment. Additionally, volunteers help with other aspects of the day-to-day operations that may include: landscaping, painting, providing recreational materials, or minor building repairs. Path of Hope is also supported by many community entities that donate goods and supplies used by staff and clients to meet the agency's daily needs.

## COSTS

The costs for our 28-day program is \$3500 (\$125/ day). This fee includes room and board, all meals, the family program, materials, supplies, and the treatment program.